

Decline in Milkweed (*Asclepias syriaca*) Populations in Central New Jersey over a One Year Period

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Abstract Milkweed (*Asclepias syriaca*) is the primary food source of the eastern North American Monarch butterfly (*Danaus plexippus*), and numbers have been steadily declining. Between 2012 to 2013 we conducted a survey measure to milkweed numbers in Montgomery Township New Jersey. The purpose of this survey was to examine and measure the change in milkweed numbers after a 1 year period. In October 2012, publicly accessible areas of Montgomery Township were surveyed. This same survey was repeated in 2013, and the change in mean number of milkweed plants per plot recorded. Global positioning satellite data were collected using GPS tracker 1.0 for iPhone. All plots from publicly accessible areas were measured except one plot that was intentionally cultivated. Apart from the single intentionally cultivated plot, only 2 plots remained from the original 30 in the 2012 survey (6%). From the original 302 stalks, only 87 remained one year later (a decrease of 71.9 %). A total of 3 new plots were found, indicating new growth. There was a notable decrease in the mean number of milkweed stalks per plot from 2012 (10.4 ± 2.3) to 2013 (4.3 ± 2.4). This decrease was statistically significant at the 5% level ($P = 0.03958$). Over a one year period, a statistically significant decline in milkweed plants was observed in central New Jersey. More should be done to conserve milkweed populations.

Keywords: milkweed, *Asclepias syriaca*, monarch butterfly, *Danaus plexippus*, mitigation, conservation

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1. Introduction

The eastern North American population of the Monarch butterfly (*Danaus plexippus*) populations has been steadily declining over the past decade. [1] The common milkweed plant (*Asclepias species*) is the most important food source of the monarch butterfly in eastern North America. Various hypotheses have been put forth for the decline in the monarch: loss of overwintering grounds in Mexico, habitat loss and climate change. A recent analysis by Flockhart found that the primary reason for monarch decline is due to lower numbers of milkweed plants available for monarchs (due to increasing adoption of genetically modified crops and land-use change) [2].

Surprisingly very few field surveys have been conducted looking at the numbers of milkweed over time. The most important field work has been performed in the midwest. One notable field survey was conducted in Iowa in 1999 and found that the density of milkweed patches were much higher in a roadside setting as compared to a cultivated field. [3] This was followed up with another field survey (also in Iowa) which found a startling decline of 58% in milkweed numbers over a 10 year period [4,5].

Recently the migration route for monarchs has been accurately mapped using a crowd-sourced method. [6]

Although the main routes for monarchs continue to be in the Midwest, important secondary routes for the eastern North American monarch exist in the eastern and coastal states. Unfortunately we could not find evidence of any recent field based surveys of milkweed numbers in any eastern states. Given the importance of eastern migration routes, we thought that future conservation efforts would not be possible without first quantifying milkweed growth or decline over time.

The primary objective of this experiment was to estimate the numbers of naturally occurring milkweed in a defined area within central NJ over a one year period. The secondary objective was to determine whether levels of milkweed were increasing, decreasing or remaining stable. In order to test our hypothesis, we surveyed milkweed populations in Montgomery Township, New Jersey in October 2012 and again in October 2013.

2. Methods

This survey was limited to publicly accessible areas of Montgomery Township, NJ which included all public roadways, parks, municipal buildings, fields and schools. The following variables were measured in each milkweed plot: latitude, longitude, altitude, and number of stalks. For ease of counting and to avoid disturbing growth to

roots, only the stalks visible from ground-level were included in the counts. The number of stalks in each plot were counted manually. Global positioning satellite (GPS) coordinates were collected using GPS Tracker 1.0 for Blackberry in the 2012 survey and Google Maps for iPhone in the 2013 survey. Data were collected over a two week period from the end of September 2012 to the beginning of October 2012 and again from the end of September 2013 to the beginning of October 2013. Means, range and totals for each plot was calculated using Microsoft Excel.

A sampling time frame from the end of September to beginning of October was chosen for several reasons: 1) we knew that any migrating monarchs would have already passed through the area and 2) this time period was before natural senescence of milkweed occurs but after the spring time when new milkweed sprouts might be visible. We wanted to wait long enough in the season to ensure consistent counting from one year to the next. In the follow-up survey in 2013, care was taken to closely examine the base of each of the stalks in each plots to make sure growth was new and to ensure no senescent plants were present.

It is also important to note that one of the plots (#1) contained a large number of milkweed stalks (n=180). This plot was intentionally cultivated and grown on school grounds. Hence although it is included in the datasets for completeness sake, it is not included in the data analyses as it does not reflect growth in the wild setting.

2.1. Statistical Methods

Values were imported into Excel and analyzed using the Analysis ToolPak. Sample means were analyzed using a two-sample t-test assuming unequal variances. The primary endpoint of interest was the mean number of stalks per plot in 2012 compared to 2013. Along with means, standard deviation, standard error, and the minimum and maximum number of stalks per plot were calculated. The statistical null hypothesis was that the mean number of plants per plot in 2012 was no different from 2013. The alternative hypothesis was that the mean number of plants decreased from 2012 to 2013. A two-sample t-test was performed using Excel. A hypothesized mean difference of zero between the two groups (year 2012 and year 2013) was used. Since we hypothesized a directional change in the mean number of plants, a one-tailed alpha of 0.05% was used as a critical value. If the result from the t statistic exceeded the critical value, then the null hypothesis was to be rejected.

3. Results

3.1. Field Survey

Montgomery Township is a rural community in central New Jersey with an abundance of farms and open space preserves. Two separate field surveys were conducted, the first in 2012 and the second in 2013. Surveys were carried out on foot and by automobile. Land was only surveyed if it was accessible to the public. Milkweed plots that were found on private property, but still visible from the publicly accessible areas of the road were recorded. Public

parks, schools and other areas which were open to the public were included in the survey.

A summary of the number of milkweed stalks found in each plots are presented below in [Table 1](#). A total of 30 plots were found and counted in the 2012 survey, and a total of 33 were counted in 2013.

Table 1. Number of Stalks in Each Milkweed Plot 2012-2013

Plot #	# Stalks 2012	# Stalks 2013
Plot 1	180	NA
Plot 2	6	0
Plot 3	3	0
Plot 4	2	0
Plot 5	1	0
Plot 6	7	0
Plot 7	12	0
Plot 8	4	0
Plot 9	16	0
Plot 10	13	0
Plot 11	8	0
Plot 12	4	0
Plot 13	10	0
Plot 14	45	0
Plot 15	50	0
Plot 16	5	0
Plot 17	9	0
Plot 18	10	0
Plot 19	5	0
Plot 20	8	0
Plot 21	1	0
Plot 22	2	0
Plot 23	8	0
Plot 24	1	0
Plot 25	4	0
Plot 26	8	0
Plot 27	15	17
Plot 28	1	0
Plot 29	4	0
Plot 30	40	70
Plot 31	NA	3
Plot 32	NA	26
Plot 33	NA	20

The total number of milkweed plots found in 2012 was 30 compared to 33 in 2013. However the total number of plants per plot decreased from 302 in 2012 to 136 in 2013. The minimum, maximum, standard deviation and standard error are also presented in [Table 2](#). Raw outputs from the field survey (including GPS coordinates) have been stored in a publicly available digital repository [7].

Table 2. Descriptive Results from Surveys (2012-2013)

	2012 Survey	2013 Survey
Total # of Plots	30	32
Mean # of stalks/plot	10.4	4.3
Standard deviation	12.72	13.56
Standard error	2.32	2.40
# of stalks/plot (min, max)	1, 50	0, 70
Total # of stalks (all plots)	302	136

3.2 Statistical Results

Outputs from the Excel statistical analysis tool are provided below in Table 3. The statistical analyses presented below do not include Plot #1 because this was an intentionally cultivated and maintained plot. Since the primary objective of this experiment was focused on naturally occurring milkweed, this plot was excluded from statistical analyses. The critical value of T for this analysis was 1.67109. The test statistic (t) value from this calculation was 1.83183, which exceeded the critical value, and hence the null hypothesis was rejected. The associated p value was 0.036013 and suggests that there was a significant decline in the mean number of milkweed plots from 2012 to 2013.

Table 3. Statistical Analyses (t-Test Results)

	2012 Survey	2013 Survey
Mean	10.4	4.3
Variance	161.82	183.74
Number of Observations	29	32
Hypothesized Mean Difference	0	
Degrees of freedom	59	
t statistic	1.831833	
t Critical value	1.671093	
P value	0.036013	

A bar chart of the change in the mean number of milkweed stalks per plot from 2012 to 2013 is presented below in Figure 1. An average decrease from 10.4 to 4.3 stalks per plot was observed during this time. This change was statistically significant at the 5% level (P = 0.036).

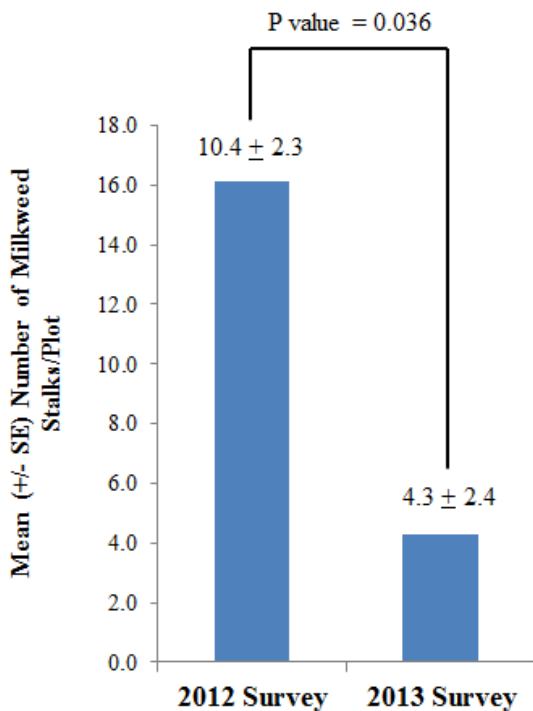


Figure 1. Mean Number of Milkweed Stalks Per Plot by Year

Finally a histogram depicting the distribution of the size of the milkweed plots from the 2012 survey is presented below in Figure 2. This shows that a majority of the plots were of small size (less than 10 stalks). Only a handful of plots were large enough to attract migrating monarchs.

The number of plots available in 2013 were limited (only 5) so a second histogram was not prepared.

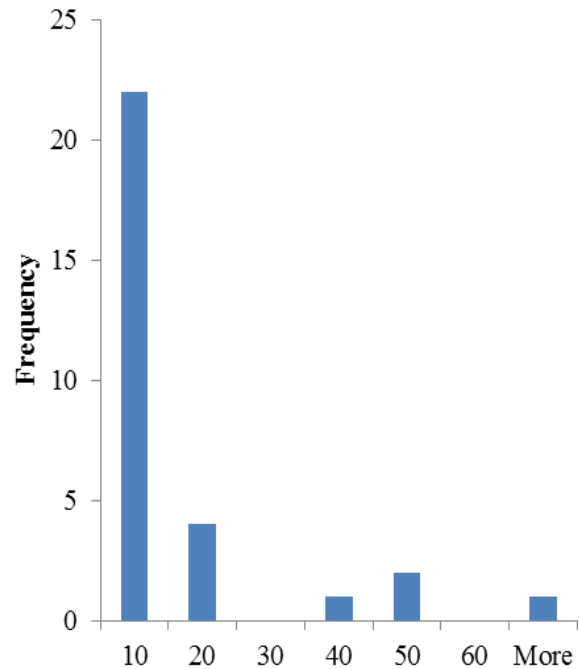


Figure 2. Histogram of Distribution of Stalk Size from 2012 Survey

4. Discussion

Based upon our limited survey, it is clear that milkweed populations are decreasing in central New Jersey. There are many potential reasons for this, including the widespread use of roadside mowing and use of herbicides, both of which prevent milkweed to flourish. Unfortunately this survey was not designed to detect causes of this decline, so we can only hypothesize.

We did notice that many of the milkweed plots which were eradicated in 2013 were primarily located near the roadside. The practice of roadside mowing has been controversial and has been linked to the reduction of species richness [8].

There are many limitations with our experiment. Perhaps the biggest limitation of our survey include that we could only survey public areas of the town. Secondly, our survey was limited to a single town which may not accurately represent the state of milkweed populations in all of central New Jersey. It has been estimated that the annual breeding distribution of the eastern North American monarch was 12 million square kilometers. [9] Given that the size of Montgomery Township NJ is only 84 square kilometers, this represents only a small fraction of the spatial scale for the eastern North American monarch. Additionally, no replication was performed in this survey in different counties or regions within central New Jersey. Finally the most important limitation to our experiment was that it was conducted in the fall. Milkweed commonly undergoes normal dieback of the above ground portion (senescence). It is possible that this normal senescence could have influenced our observations; however we took care to ensure that our counts were conducted before the annual fall. Thus we feel that the counts were consistent and accurate from one year to the next.

The decline of Monarch butterflies has been challenged recently based upon monitoring station data in Cape May NJ and Peninsula Point MI. [10] However because of the large size that is covered by the annual Monarch migration, estimation of overwintering colony areas are the best indicator of Monarch levels [11].

Since our study was not designed to look at butterfly numbers, it is impossible to say whether Monarch levels have decreased. However we provide evidence of a substantial and statistically significant decline in milkweed numbers within central New Jersey.

5. Conclusions

A careful review of measures to encourage milkweed re-growth should be performed in order to allow a chance for the eastern North American monarch to recover. Careful management of roadside flowering and milkweeds could contribute significantly to the conservation of monarchs and other pollinating insects.

Further studies should be conducted to see if roadside mowing efforts have hampered the ability for the monarchs to migrate.

More research should be conducted to improve habitats for Monarch caterpillars, and to also encourage milkweed growth. The long term survival of the North American monarch species is at risk.

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The datasets underlying this analysis are available on the Dryad digital repository and can be found at <http://dx.doi.org/10.5061/dryad.f16b0>.

Statement of Competing Interests

The authors have no competing interests.

List of Abbreviations

GPS: Global Positioning Satellite
 MI: Michigan
 MN: Minneapolis
 NJ: New Jersey
 OR: Oregon

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